

Alicia Ruggiero

aruggie4@binghamton.edu

(631) 893-9417

Objective: To make sure each of my students has a strong love for the sport of figure skating by giving them a solid foundation of strong skating skills and techniques, while also focusing on allowing them to express themselves creatively on the ice.

Rate: \$50 an hour

Coaching Experience:

- Private Lesson Instructor
 - March, 2019- present
 - Town of Oyster Bay Ice Skating Center (Bethpage, New York)
 - Coached figure skaters and hockey players
- Learn to Skate Group Instructor
 - September, 2017- present
 - The Rinx (Hauppauge, New York)
 - Town of Oyster Bay Ice Skating Center (Bethpage, New York)
 - The Rinx at Wyandanch Plaza (Wyandanch, New York)
 - Coached levels: Snowplow Sam 1 through Freeskate 6
 - Taught all ages from toddler to adult
 - Taught therapeutic classes for disabled children and adults
- Completed a 2 year long apprenticeship at The Rinx (Hauppauge, New York)
 - September 2015- September 2017
 - Completed in depth training on proper technique for all levels in figure skating

Skating Experience:

- North Atlantic Regional and Eastern Sectional Competitor
- Competed as a junior lady locally
- Competed under USFSA for over 8 years
- Completed 5 years on synchronized figure skating teams
- Performed in Professional shows across Long Island
 - Performed on Stars On Ice
 - Performed on Holiday Spectacular on Ice at the Gateway Theatre

USFSA Passed Tests:

- Junior Moves in the Field
- Novice Freeskate

Highlights:

- Experienced in choreography
- Well versed in creating off ice workouts for figure skaters
- One of the head organizers of the Hauppauge Sk8 to Eliminate Cancer Campaign
- I also sell my music editing services to create figure skating programs
- Volunteered hundreds of hours at figure skating competitions
- Captain of a synchronized skating team for 2 years

Education:

- Graduated North Babylon High School (2019)
- Attending Binghamton University (Class of 2023)